

# the **cogito** foundation

**The winner of the cogito-award 2002, Prof. Dr. Dr. Manfred Spitzer  
in Zurich**

Director of the University Hospital for Psychiatry in Ulm, Author (e.g. Mind in the Net)

**Public lecture in the framework of the annual symposium of the ZNZ (Center for  
Neuroscience Zurich)**

## **How to train the brain ?**

From neurobiology and neuroinformatics to applications in schools and universities.

**Thursday, October 17, 2002, ETH Zurich, Auditorium Maximum**

### **Program:**

09:15	Introduction: Dr. Simon Aegeter, Chairman, the cogito foundation
09:30	Learning and Neuroplasticity
10:30 - 11:00	Coffee Break
11:00	Principles of Learning: Neuronal Networks
12:00	Discussion
12:30 - 14:00	Lunch Break
14:00	Attention, Motivation, Emotion: Neuromodulation, Determinants of Learning
15:00	Discussion
15.30 - 16:00	Coffee Break
16:00	Conclusions for Schools, Universities and Life Long Learning
17:00	Wrap Up Discussion